

Stool Electrolyte and Osmolality Collection Instructions

Do not send formed stool, the test will not be performed. Submit only watery stool samples. Consult your health care provider if your stools are not a watery consistency.

Do NOT use laxatives prior to the collection of the stool specimens.

Instructions

1. Place a collection hat over the toilet bowl. Lower the seat and pass the stool into the hat.
2. Transfer the stool specimen into the container provided by the laboratory or your health care provider.
3. Label the container with **your full legal name, date of birth, collection date and time.**
4. Return the specimen to a Sanford Patient Service Center or Sanford laboratory as soon as possible.
5. If you are unable to return the specimen promptly, the specimen can be refrigerated for up to 48 hours.